

PE Overview at Girton Glebe

At Girton Glebe, we strive to create a culture that aims to inspire an active generation to enjoy Physical Education. We provide a safe and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional and social and moral development.

Our intent is also to challenge racial stereotypes, gender biases and celebrate differences.

We offer a dynamic, varied and stimulating program of activity to ensure that all children progress physically through a fully inclusive PE curriculum. We encourage all children to develop their understanding of the way in which they can use their body, equipment and apparatus safely to achieve their personal goals. All children have the opportunity to enjoy being physically active, maintain a healthy lifestyle and increase their self-esteem. We aspire for children to adopt a positive mind-set and believe that anything can be achieved with determination and resilience.

We actively promote our school core values of resilience, respect, responsibility, excellence and perseverance.

We also encourage participation and links with other schools and the wider community and have a comprehensive programme of extra-curricular activities and enrichment to broaden the scope of our provision and cultural capital.

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------|-----------------------|-------------|----------------------|---------------------------------|-----------------------|----------|
| EYFS | Fundamental Skills 1 | Gymnastics | Fundamental skills 2 | Dance | Games | swimming |
| Year 1 | Fundamental Skills | Dance | Fitness | Team Building | Striking and fielding | swimming |
| | Yoga | Ball skills | Gym | Target games | Athletics | |
| Year 2 | Fundamental skills | Yoga | Fitness | Team building | Athletics | swimming |
| | Gym | Ball skills | Dance | Target games | Striking and fielding | |
| Year 3 | Gym | Yoga | Dance | Cricket/ sending and retrieving | Athletics | swimming |
| | Handball/ ball skills | Netball | OAA | Fitness | Tennis | |

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|--------|-----------------------|------------------------|-----------------------|---------------------------------|-----------|----------|
| Year 4 | Handball/ ball skills | Gym | Dance | Cricket/ sending and retrieving | Athletics | swimming |
| | Yoga | Netball | OAA | Fitness | Tennis | |
| Year 5 | Yoga | Invasion games/ Hockey | Dance | Tennis | Athletics | swimming |
| | Handball/ Basketball | Gym | Korf ball/ Basketball | Invasion games | OAA | |
| Year 6 | Yoga | Invasion games/ Hockey | Dance | Tennis | Athletics | swimming |
| | Handball/ Basketball | Gym | Korf ball/ Basketball | Invasion games | OAA | |

